

MAHARSHI DAYANAND COLLEGE

(NAAC RE-ACCREDITED 'A' GRADE)

5 MAH GIRLS BN, NCC

2020-2021

WELCOME



About UNIT

Established in 1986

**M.D.COLLEGE COY,
5 MAH GIRLS BN NCC
ANO : CAPT.DR.MRUNALINI KULKARNI**

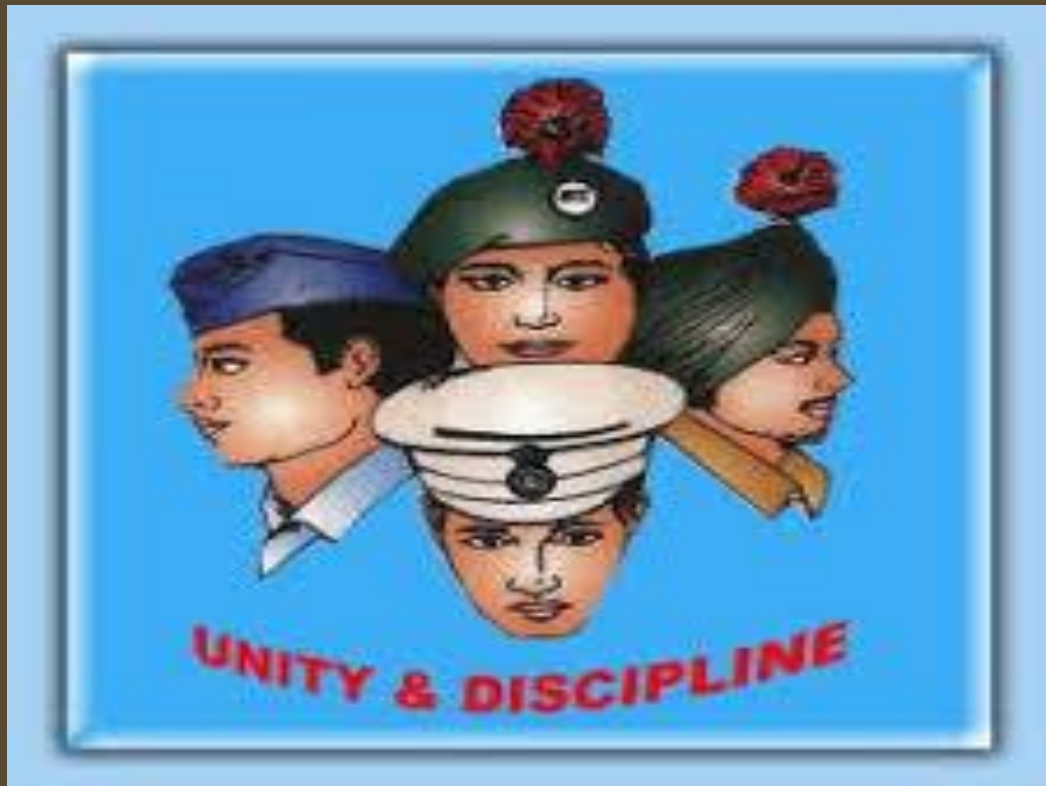
➤ **Enrolling strength : 55cadets**





• Motto

• Mission



- Empowerment of youth through channelizing youth power in constructive and disciplined manner

Objectives



To develop confidence and personality .

To build up physique and courage .

To teach subjects essential during emergency and day to day life .

To build leadership qualities in youth .

To facilitate character building .

To promote National Integration .

- **Online INSTITUTIONAL TRAINING**

- **SUBJECTS TAUGHT**



- Special Subjects(Army wing) :
Drill, Weapon training, Map reading, battle craft, Field craft.
- Common subjects :
Health & Hygiene , First Aid, National integration, NCC organization, Civil defense, Leadership, Social awareness, Ethics.
- **Weekly parade on every Friday & Saturday for 120 periods.**
(per week 6 periods)

National level training & Camp activities



- National Level Camps: 03 (Ek Bharat Shreshth Bharat)
 - 1) ONLINE EBSB UTTARAKHAND and MAHARASHTRA
 - 2) Saptah-VI UP DTE and MAH DTE : one cadet was selected and attended the camp
 - 3) UP & MAH DTE:one cadet was selected and attended the camp
- National Level Training:
- Heartfulness Experience of Life's Potential (HELP): 2 cadets

CATC at Group level



- Two camps conducted in M.D.College

- 1) Training for B-cert exam (16 second year cadets participated)
- 2) Training for C-cert exam (16 third year cadets participated)

Activities during training camp



Unique opportunities: Video conferencing



- With Rakshamantri: 3 cadets participated
- Launch of NCC digital Forum by Dr. Ajay Kumar, IAS, Defence secretary : 2 cadets participated and ANO, other cadets attended live streaming

Contribution to India NCC Digital forum:



2 Articles on Yoga (one by ANO & one by cadet)
2 videos on Yoga by cadets are uploaded.

CDT. RAJASHRI VISHWANATH BHANAGE
M.D COLLEGE , PAREL
5 MAH GIRLS BN NCC
MUMBAI 'A' GROUP



GUMUKHASAN



M.D. COLLEGE

5 MAH GIRLS BN NCC
MUMBAI 'A' GROUP



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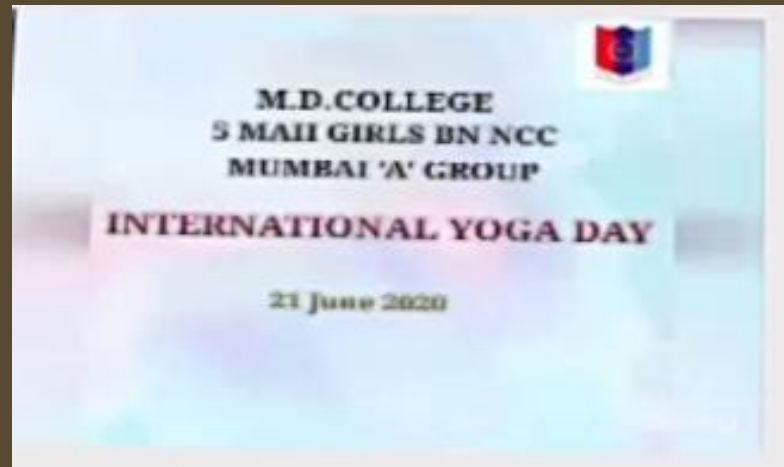


Naman mudra

Celebrations and remeberences



- 1) International Day of Yoga: Training , videos and celebration on zoom
- 2) Kargil Vijay Diwas: Webinars, Videos
- 3) Gallentary portal: pledge and paying tribute to martyrs
- 4) Independence day: Flag hoisting by principal
- 5) World Environment Day: Tree plantation
- 6) Jaliyanwal Baugh day: Poster making and videos
- 7) Constitution Day: e-Poster making and publicity on social media
- 8) International Women's day: Celebration with Ministers, Principal was invited Guest





KARGIL VIJAY DIWAS



Webinars



Organized by college unit	National level	Directorate level	Battalion level
Topic:Vocal for local	National Education Policy	Kargil Vijay Diwas (02)	Jugad to innovations
No of participants=123	32 cadets	12 cadets +ANO	10 cadets
Topic:Plastic waste management: The way ahead			
No of participants=127			



MAHARSHI DAYANAND COLLEGE
OF Arts, Sci., Com.
Parel Mumbai

4 MAH SIG COY & 5 MAH GLS BN
NCC, MUMBAI - A

Under
Atmanirbhar Bharat Abhiyana

Organise a Webinar on
"VOCAL FOR LOCAL"
13/08/2020 at 11.00 am.

Speakers

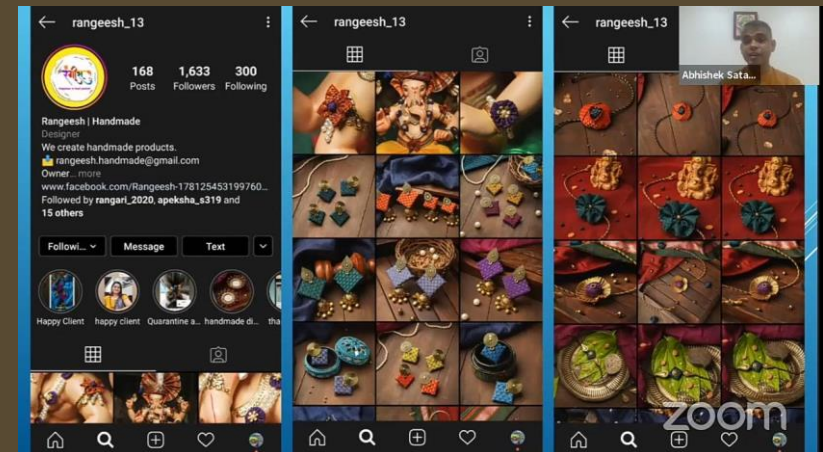
Mr. Abhishek Satam **Col. Parag Pandey**
Research Scholar **CO 4 MAH SIG COY**

Lt. V.N. Mishra **Capt. Dr. M. D. Kulkarni** **Dr. C. S. Parag**
Co Convener **Convener** **Principal**



GROWING
LOCAL TO GLOBAL

Mr. Abhishek Nandkishor Neelam Satam
(Biologist, Veermata Jijabai Bhosale Udyan and Zoo Mumbai)



Webinar on “Plastic waste management- The way ahead”



Activities:

1. Talk on plastic and its waste management
2. Housie game on good habits and bad habits about plastic waste
3. Awareness through story telling
4. creative creation:
preparation of gift items or decorative items from plastic waste.





NATIONAL CADET COPRS

M.D.College Coy, 5 Mah Girls Battalion

organizes a webinar on

PLASTIC WASTE MANAGEMENT-THE WAY AHEAD

(DURING SWACHCHATA PAKHWADA:1-15Dec 2020)

Day and Date: Sunday,13Dec 2020

Speakers:



Ms. Nishi Tatariya

Active environmentalist,
yoga expert and
corporate trainer for corporate
social responsibilities.





Ms. Priyanka Patra

Co- founder of
'The Creative World'
and yoga trainer with The Yoga
Institute, Santacruz.





Social activities and Awareness programs



- 1) About COVID 19
- 2) Fit India movement
- 3) Environment
- 4) Water management
- 5) Atmanirbhar Bharat Abhiyaan
- 6) Swachchata Abhiyaan(Pakhwada)

COVID-19 ACTIVITIES




A) COVID-19 AWARENESS

- 1) Video Clip Making
- 2) Poster making
- 3) Slogen Writing
- 4) Pledge
- 5) fancy dress with message on COVID 19



Message by 📌
MD College Coy,
5 Mah Girls By NCC , Mumbai



In case you're still not convinced to stay home for you & ur beloved ones... Here's a picture from Italy!

- 👉 Isolation is the only solution
- 👉 Break the chain



B) COVID-19 WORRIERS AT MANTRALAY

Volunteering During COVID-19 Pandemic-2 cadets



C) ONLINE INTEGRATED TRAINING BY GOVT

ANO and 34 cadets completed

D) QUIZ

23 Cadets Participated

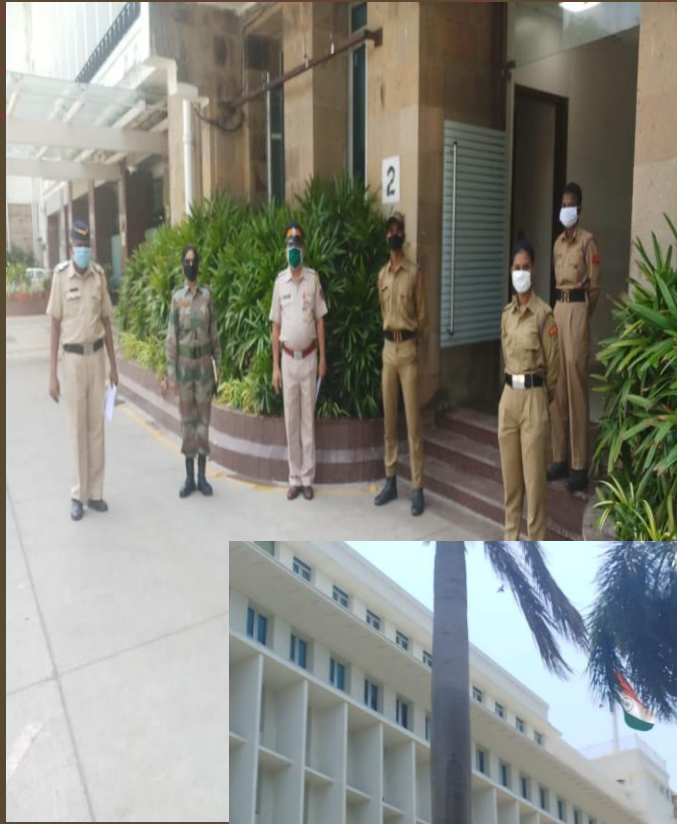
E) FACE MASK COMPETITION (Bn Level)

2 cadets participated

F)Ex NCC Yogdaan II (Covid 19 pandemic) April 2021



- 22cadets received online training
- 14 Cadets submitted willingness to volunteer through NCC
- 39 Cadets registered in MD College
- G)COVID –Vaccine awareness program
May 2021
- Cadets prepared videos and posted on social media



FIT INDIA MOVEMENT

Awareness campaign on FIT INDIA

1. Fitness at Home: Personal level
2. Fitness in Immediate Neighbourhood:
3. using BLOG/Vlog

Cyclothon on Fit India on Republic Day



FITNESS AT PERSONAL LEVEL





Fitness at immediate neighbourhood



Tree Plantation: 1029 saplings, sown 2024 seeds



- a) Tree plantation: by 17 cadets along with ANO.
- b) motivated 56 families for plantation
- c) Prepared video for publicity

Jal Jeevan Samvad January 2021

4 cadets submitted stories on pipe water supply



1-15 Aug 2020

Aatmanirbhar Bharat Awareness Campaign (At Battalion level)

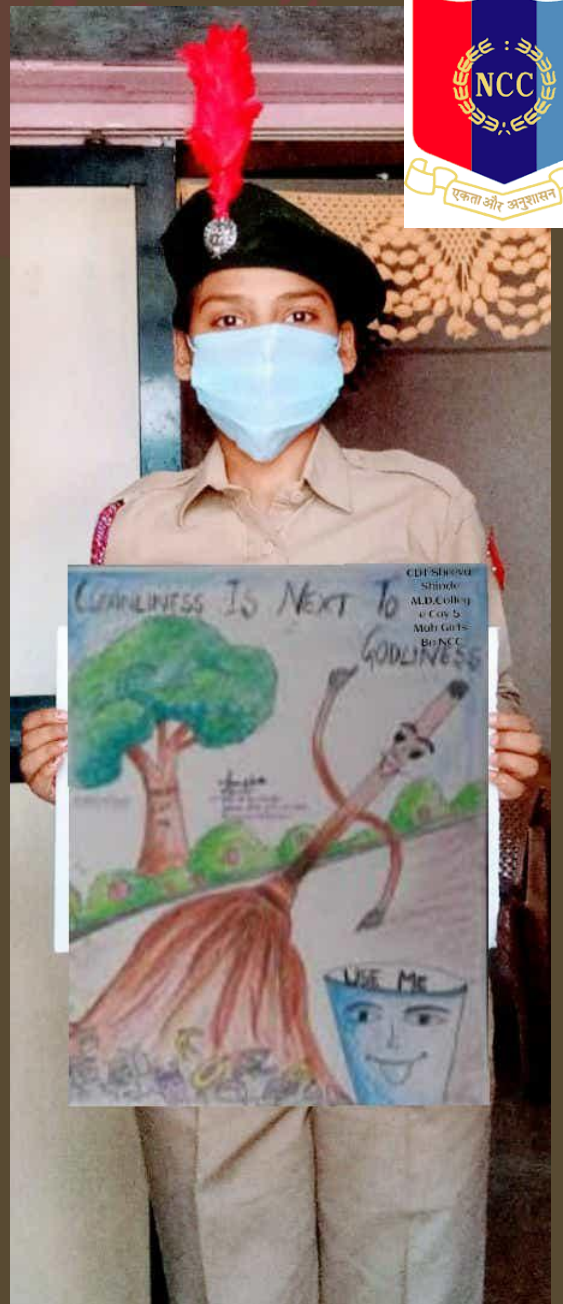
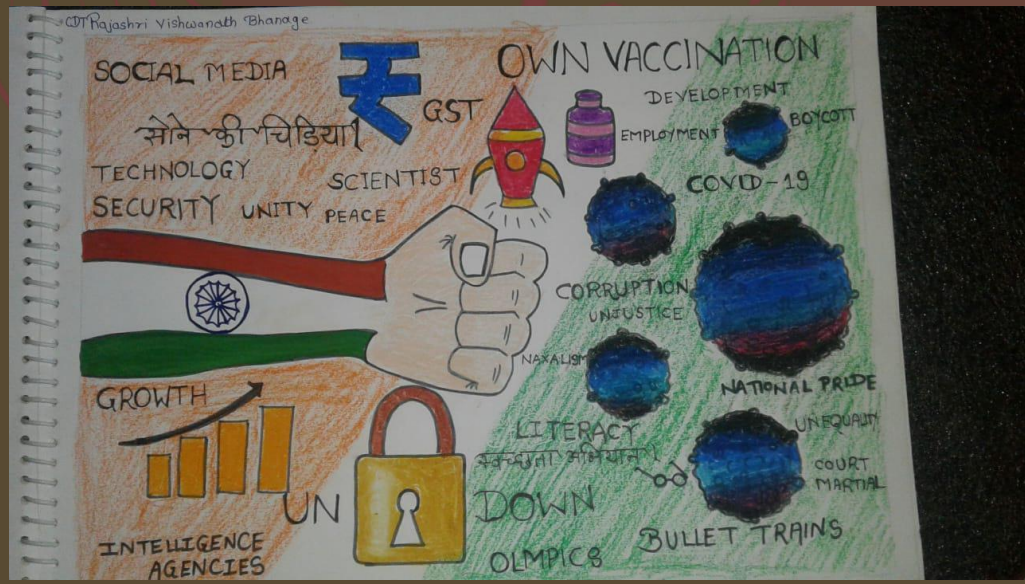


1) Webinar : 10 cadets participated

2) Elocution competition : 2nd prize

3) Quiz : 08 cadets participated

4) Poster making competition : 1st prize



01/12/2020 to 15/12/2020

Swachchata Pakhwada



1) Essay competition: 13 cadets participated.

2) Poster making on swachhta: 06 cadets participated, posted on social media.

3) Plogging : cleanliness drive 14 cadets participated near their residential area.

4) Hand wash activity: awareness program 18 cadets spreaded awareness near their residential area.

5) Webinar



M.D COLLEGE COY.5 MAH GIRLS BN NCC

2nd year

CDT Rajashri Vishwanath Bhanage
Regimental no. MAH/SW/19A640495

Cleanliness

Cleanliness' as per the Cambridge dictionary means the state of being clean or the act of keeping things clean. One of the first commandment for health is cleanliness. Cleanliness is essential physically, mentally, spiritually and even environmentally. Cleanliness is the major step to a healthy living. Cleanliness can prevent and cure people from communicable diseases. Effective cleaning can forbid viruses and other infectious diseases. Major tips to maintain Cleanliness personally include brushing and taking bath regularly, washing hands properly before and after every meal, maintaining neatly trimmed nails and eating healthy food.

Environmental cleanliness can be enhanced by cleaning the mess created around us regularly, avoiding plastic bag usage, not littering the road by throwing the garbage, effective disposal of used water, adopting reusing and recycling techniques and always monitoring the pollution levels.


Disease prevention and hygiene are said to be the two aspects associated with cleanliness. Maintaining hygiene does not necessarily mean keeping yourself clean. It includes your house, your neighbourhood, your city as well as keeping your country clean or keeping your surroundings clean. In this way, cleanliness has more of a cultural and social impact on society as a whole.

With the assistance of cleanliness, we can keep our mental as well as physical health clean, which will make us feel better. Cleanliness offers to ascend to a decent character by keeping the body, brain, and soul perfect and tranquil. Keeping up cleanliness is the basic piece of solid living since it is the cleanliness just which enhances our identity by keeping clean remotely and inside.

We should all do our bit to maintain cleanliness in the areas we live or visit. In fact, for this very purpose, the Government of India has initiated the Swachh Bharat Abhiyan so as to educate and inculcate good habits among the citizens of the country with regards to cleanliness.

We should also be mindful towards this habit. We should stop others from throwing waste at undesignated places. It is the cumulative effort of all of us which can help us build a clean India someday.





CDT LAXMI ANKUSH THORAT
REGIMENTAL NO. MAH/SW/20A640479

CLEANLINESS

Cleanliness is very important for everyone living on earth. Therefore, it should always be followed. No matter where we live.

Cleanliness is not a job which we have to do to earn money however, it is a very good habit which we should do to earn a good health and healthy life. Cleanliness is a greatest virtue which should be followed by everyone as a great responsibility to enhance the standard of life. We should take care of our personal cleanliness, pet animal cleanliness, environment cleanliness, surrounding cleanliness and work place cleanliness. We should not cut trees and do more plantations for maintaining the cleanliness of our environment.

It is not a forceful act but we should do it peacefully. It keeps us healthy mentally, physically, socially and intellectually. A small step of all us can be converted to big step jointly. When a small baby can learn to walk, speak and run very successfully, she/he can get the habit of cleanliness from childhood very easily if promoted by parents. Parents teach their child to walk by holding index finger as it very necessary to live whole life. They must understand that cleanliness is also very necessary to live a healthy and long life so they must implement cleanliness habit into their kids. It is a big step to bring cleanliness into habit of our kids. So, a complete cleanliness is not for away from us. It is only one generation away of 4 to 5 years as in modern time our small kid become smart enough to understand everything,



Examinations



- B-cert: 16 cadets appeared , Capt Dr. M.D.Kulkarni was deputed
- C-cert: 16 cadets appeared , Capt Dr. M.D.Kulkarni was deputed

Awards and Scholarships



Inhouse

- Best Outgoing student
- Best cadet(Senior college)
- Best cadet(Junior college)
- Jagar Janivancha Awards for 10 cadets

Battalion level competitions

(on Aatmanirbhar Bharat)

- Poster making : 1st prize
- Elocution: 2nd prize



CDT KARTIKI BORKAR
BEST OUTGOING STUDENT



CDT SAMIKSHA JADHAV
BEST CADET:SR COLLEGE



CDT RAJASHRI BHANGE
BEST CADET:JR COLLEGE

Future plan of 2019-2020



Proposed	Status
Training cadets for RDC/TSC selection	continues
To stimulate cadets for adventure activities	Will be done
Motivating cadets for induction into armed forces	continues
Save environment campaign through tree plantation	Done successfully and continues
ANO to attend refresher course	Refresher course postponed

Future plan for 2021-2022



- Self defence training
- Save environment campaign
- Training cadets for national level camps
- ANO to attend Refresher course



JAI HIND