

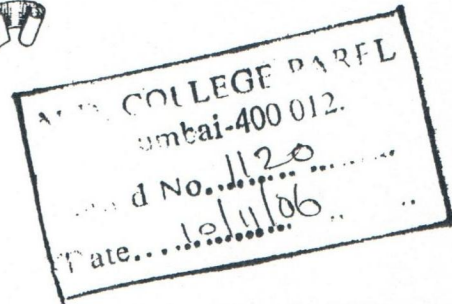
Dr Mrs Sundar  
Dr Mrs Monika Verma  
Mr. Balar  
Principal  
9/11/06

# University of Mumbai



No. APD/219/ 814 of 2006  
Mumbai - 400 032  
October, 2006  
01/11/06

The Principal,  
Maharshi Dayanand College of Arts,  
Science & Commerce  
Shri Mangaldas Verma Chowk, 25,  
Dr. S. S. Rao Road, Parel,  
Mumbai - 400 012.



Sub :- Acceptance Certificate for Major/Minor Research Project

Sir/Madam,

The Joint Secretary, University Grants Commission, Pune, vide her letter dated 13<sup>th</sup> October, 2006 has informed this office that the Major / Minor Research Project have been sanctioned to following teachers of your college as under.

Sr. No.	Name of the Teacher	File No.	Amount
01	Smt. Sundari K. P.	23-006/06	Rs. 35,000/-
02	Mr. Verma M.	23-048/06	Rs. 40,000/-

You are requested to inform above teachers accordingly and send the Certificate of Acceptance of the Project by the Investigator in enclosed proforma to the undersigned so as to enable this office to forward the same to the Joint Secretary, University Grants Commission, Pune, for their information and further necessary action in the matter.

Yours faithfully,


  
for REGISTRAR

**UGC SPONSORED MINOR RESEARCH**  
**'The Prevalence of Incest In Mumbai & its Impact on Sexual Orientation'**  
**STATEMENT OF UTILIZATION:**

S.No	Date	C.M/Invoice	Particulars	Amount (in Rs)	Total Amount
			<b>1. BOOKS &amp; JOURNALS</b>		
1A	26/03/07	06/CS/193248	Landmark stores	1513	
1B	28/03/07	196	Leela Enterprises	340	
1C	25/03/07	113/CS/6748	National Book Depot	6500	8353
2			<b>2. TESTING EQUIPMEN</b>		
2A	23/03/07	101/06-07	Manas Enterprise + Incidental Expenses	9641	9641
			<b>3. CONTINGENCIES</b>		
3A	4/12/06	-	Manisha for Translation of Questionnaire	500	
3B	5/12/06	18998	Orient Copy Centre for Stationary	900	
3C	5/12/06	-	Aris Stationers for DTPT	50	
3D	20/03/07	-	Amish Thakur for Statistics	1000	2450
			<b>4. TRAVEL/FIELD WORK</b>		
4A	10/12/06 12/12/06	-	Visit to Ganeshpuri	1824	
4C	29/03/07	-	Data collection & Analysis	3860	
4D	29/03/07	-	Data collection & Analysis	3973	9657
<b>TOTAL Rs.</b>					30101
(Rupees Thirty thousand one hundred and one only)					-

**CERTIFICATE OF UTILIZATION**

On the verification of the information and bills presented before me, I certify that Dr. Ms. Sundari K.P. has utilized the sum of Rs. 30,101( Rupees Thirty thousand One hundred and one only.) towards the UGC SPONSORED MINOR RESEARCH 'The Prevalence of Incest In Mumbai & its Relationship to Homosexuality'



Dr. Paras B. Jain

M.No. 31831

Partner

Paras Rakesh & Associates

Chartered Accountants

Mumbai dated 25/04/07





## 2. STATEMENT OF EXPENDITURE

Name of Principal Investigator: Dr Sundari K.P

Name of the College: Maharshi Dayanand College of Arts Science & Commerce, Parel  
Mumbai-400012

Date of Starting of Project 1/10/2006 and date of Completion of Project 24/04/07.

(For one /Two Years)

Heads	Sanctioned Amount	Received Amount	Actual Expenditure
Book And Journal	10000/-	10000/-	8353/-
Equipment	10000/-	10000/-	9641/-
Contingencies	7000/-	3500/-	15123/-
Special Needs	---		
Travels	8000/-	4000/-	1824/-
Chemicals	---	-----	-----
Other (Analyasisi & report Printing)	---	-----	-----
Total	35000/-	27500	35031

Signature of the Principal

  
Signature of Principal

  
Signature of the Chartered Accountant

With Seal

Investigator

with Seal & Regt No. of C.A

*Principal*

**MAHARSHI DAYANAND COLLEGE**  
25, Dr. S. S. Rao Road, Parel, Mumbai-400012.

***Prevalence of Incest in Mumbai***  
***And its relationship to Homosexuality***

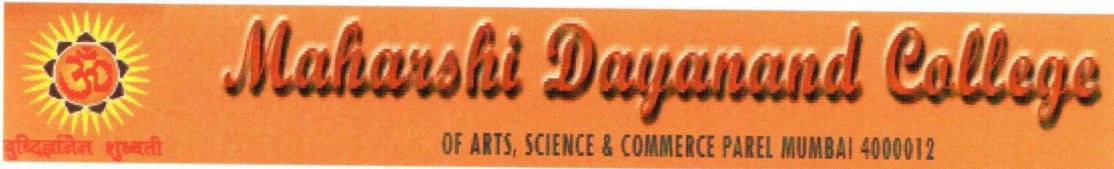
**UGC**

**Minor Research Project**

**2006-2007**

**Chief Investigator**      **Dr Sundari K.P.**  
**Vice-Principal**

**Co-investigators**      **Prof Archana Ambhore**  
**Prof Geeta Shahani**



UNIVERSITY GRANTS COMMISSION  
BAHADUR SHAH ZAFAR MARG  
NEW DELHI- 110 002.


Annual Report of the work done on the Major/ Minor Research Project .

(Report to be submitted within 6 weeks after completion of each year)

1. Project report No. 1<sup>st</sup> /2<sup>nd</sup> /3<sup>rd</sup> /Final : 1<sup>st</sup> report
2. UGC Reference No. APD/219/814/2006
3. Period of report from 1 /10/06 to 24/4/07
4. Title of research project: **Prevalence of Incest in Mumbai & its relationship to homosexuality.**
5. (a) Name of the Principal Investigator Dr Sundari K.P.  
(b) Dept. and University /College where work has progressed: Maharshi Dayanand college of Arts, Science and Commerce, Parel, Mumbai-12  
Effective date of starting of the project: 1/10/06
6. Grant approved and expenditure incurred during the period of the report :
  - a. Total amount approved Rs. 35,000/-
  - b. Total expenditure Rs. : 35,031/-
  - c. Report of the work done : ( Please attach a separate sheet )
    - i. Brief objective of the project: **1) To Understand the psychodynamics of Incest, 2) To understand the social factors of Incest, 3) To formulate incest treatment programmes.**
    - ii. Work done so far and results achieved and publications, if any, resulting from the work : Work was completed on 24/4/07 & the report was submitted.
    - iii. Has the progress been according to original plan of work and towards achieving the objective? If not, state reasons NA
    - iv. Please indicate the difficulties, if any experienced in implementing the project : **Rapport building was a difficulty because of the sensitivity of the project.**



- v. If project has not completed, please indicate the approximate time by which it is likely to be completed. A summary of the work done for the period (Annual basis) may please be sent to the Commission on a separate sheet : Not applicable
- vi. If the project has been completed. Please enclose a summary of the finding of the study. Two bound copies of the final report of work done may also be sent to the commission : Two bound copies have been submitted
- vii. Any other information which would help in evaluation of work done on the project. At the completion of the project, the first report should indicate the output , Such as (a) Manpower trained (b) Ph. D awarded (c) Publication of results (d) other impact, if any : Manpower Ms Geeta shahani & Ms Archana Ambhore were trained in the research methodology process.

  
SIGNATURE OF THE PRINCIPAL  
INVESTIGATOR



  
REGISTRAR / PRINCIPAL

**Principal**  
**MAHARSHI DAYANAND COLLEGE**  
25, Dr. J. S. Rao Road, Parel, Mumbai - 400 012.

SIGNATURE OF THE CO-INVESTIGATOR

UNIVERSITY GRANTS COMMISSION  
BAHADUR SHAH ZAFAR MARG  
NEW DELHI-110002

PROFORMA FOR SUBMISSION OF INFORMATION AT TIME OF SENDING THE  
FINAL REPORT OF THE WORK DONE ON THE PROJECT

1. NAME AND ADDRESS OF THE PRINCIPAL INVESTIGATOR...Dr Sundari K.P., Flat no 21, R.B.I. officers quarters, 85, vasanta vihar, Napeansea road, Mumbai -6
2. NAME AND ADDRESS OF THE INSTITUTION : Maharshi Dayanand college of Arts, Science & Commerce, Dr S.S. Rao road, Parel , Mumbai- 12
3. UGC APPROVAL NO. AND DATE : . APD/219/814/2006, 1/11/06
4. DATE OF IMPLEMENTATION : 1/10/06
5. TENURE OF THE PROJECT: 7 months
6. TOTAL GRANT ALLOCATED 35,000/-
7. TOTAL GRANT RECEIVED : 27,000/-
8. FINAL EXPENDITURE : 35,031/-
9. TITLE OF THE PROJECT: **Prevalence of Incest in Mumbai & its relationship to homosexuality.** OBJECTIVES OF THE PROJECT: 1) **To understand the psychodynamics of Incest,** 2) **To understand the social factors of Incest,** 3) **To formulate incest treatment programs.**
9. WHENEVER OBJECTIVES WERE ACHIEVED (GIVE DETAILS) : Yes the investigators could identify the psychodynamics behind incest. Many of the victims reported that early childhood abuse was a reason for adult incest behavior.
10. ACHIEVEMENTS FROM THE PROJECT: Incest as a pathology was better understood & correlation between incest & Homosexuality was determined.
11. SUMMARY OF THE FINDINGS (IN 500 WORDS) **31% of the sample reported sexual abuse in childhood and having been victims of incest in the Mumbai sample. In the gay sample the percentage was higher, 16% reported Physical abuse, & 33% reported sexual abuse, while 21% reported multiple abuses. In 25% of the cases the abuser was a parent, and in 53% of the cases the abuser was a close relative. The place of abuse was their own house in 60% of the cases while 25% indicated neighbors or relative's houses as the place of abuse. Feelings. The memory of the abuse was in the form of images, thoughts and dreams; they felt like hurting themselves or the abuser. Of embarrassment, guilt, humiliation and anger were the major emotional reactions, while avoidance of the places and people were**

behavioral reactions. A majority of the population reported psychological issues such as depression, anxiety, Phobia, and OCD. Finally the abused report that the abuse has tarnished their marriage, career & friendship.

12. CONTRIBUTION TO THE SOCIETY (GIVE DETAILS) this research work adds to knowledge and understanding of sexual deviations & its prevention.

13. WHETHER ANY PH.D ENROLLED/PRODUCED OUT OF THE PROJECT : Nil

14. NO.OF PUBLICATIONS OUT OF THE PROJECT: Nil

(PLEASE ATTACH RE-PRINTS)

*Sundar K.P.*

(PRINCIPAL INVESTIGATOR)

(CO-INVESTIGATOR)



*Shelke*

(REGISTRAR/PRINCIPAL)

*Principal*

**MAHARSHI DAYANAND COLLEGE**  
25, Dr. J. S. Rao Road, Parel, Mumbai - 400 012.



### Conclusion & Suggestions

Analysis of the data brings to fore the following conclusions from this study.

- 1) 33% of the sample has reported sexual abuse and having been victims of incest in Mumbai city. However the percentage was higher in the gay sample as expected by the researcher. 16% of the sample have indicated physical abuse, 33% have indicated emotional abuse and 21% of the gay sample have indicated a multiple of abuses. The findings of this researcher seem to be very much inline with the study done by a NGO prayas, nationwide as reported in DNA dated March 14<sup>th</sup> 2007.
- 2) In 25% of the sample the abuser was a parent, while in 53% of the cases the abuser was a close relative.
- 3) 60% of the sample have indicated their own house as the place of abuse, while 25% have indicated their neighbors house and the remaining have indicated their relatives house.
- 4) Feelings of embarrassment, guilt, humiliation and anger are high in the abused population, with thoughts of avoiding activities, places and people that remind them of the incest.
- 5) The memory of the abuse has been in the form of images, thoughts and dreams. Most of those abused have felt like hurting themselves or the abuser. Some have just been too shocked to feel anything at all.
- 6) 56% of those who were abused have just accepted the whole issue as something that has happened to them, while 13% have

thought of legal action or taking revenge. This could be attributed to the Indian social and cultural scene which does not encourage discussions such issues.

- 7) A majority of the sample have reported psychological problems such as depression, anxiety, phobia and obsessive-compulsive disorders following the incest. In the gay sample a multiple of psychological reactions are noted.
- 8) Most of the sample has reported that the abuse has had a negative consequence on their marriage, career and friendship.

We could therefore conclude that Incest is prevalent to a large extent in society and that it has a negative impact on the psyche, and life of the abused.

#### **Suggestions for further study**

- 1) A comparative study between rural and urban sample should be undertaken.
- 2) An in depth study on the cultural connotation of incest should be analysed.
- 3) An extensive study on the sexual orientation of abused children should be undertaken.
- 4) Impact of REBT( Rational Emotive Behavioral therapy and EMDR could be studied.